

# RESILIENCE

## THE BIOLOGY OF STRESS & THE SCIENCE OF HOPE

“The child may not remember, but the body remembers. Researchers have recently discovered a dangerous biological syndrome caused by abuse and neglect during childhood. As the new documentary RESILIENCE reveals, toxic stress can trigger hormones that wreak havoc on the brains and bodies of children, putting them at a greater risk for disease, homelessness, prison time and early death.” - *Resilience Documentary*

A post film discussion and training “Lifespan Consequence of ACEs, Toxic Stress, and Trauma” will be facilitated by Ginger Meyer, MSW, LCSW, CCTP. Ginger Meyer is the Clinical Director for Children’s Medical and Mental Health Resource Network, a program of SIU School of Medicine. She has worked with children and child welfare issues for over twenty years. She has been a leader in the Southern Illinois community in developing a Children’s Mental Health Network to increase the professional development opportunities for professionals who work with traumatized children and their families.

**To register click here or visit:**  
<https://resiliencetraining1.eventbrite.com>

**THIS IS A FREE TRAINING**  
Light Morning Refreshments will be available

**July 17, 2018**

9am-12pm

(registration begins at 8:30am)

**John A Logan College**  
Main Building Hancock/  
Conference Center  
Rooms F103/F104  
700 Logan College Rd.  
Carterville, IL 62918  
Park in Lot A or D

Presented by:



**The Poshard Foundation  
for Abused Children**



**Prevent Child Abuse  
Illinois™**

**3 CEU's will be available for LSW,  
LCSW, LPC, LCPC.  
PD's will be available for educators.**

For more information contact  
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